

# Why EAPs Miss 95% of Your Team

(...and what to do instead.)



#### The problem isn't intent.

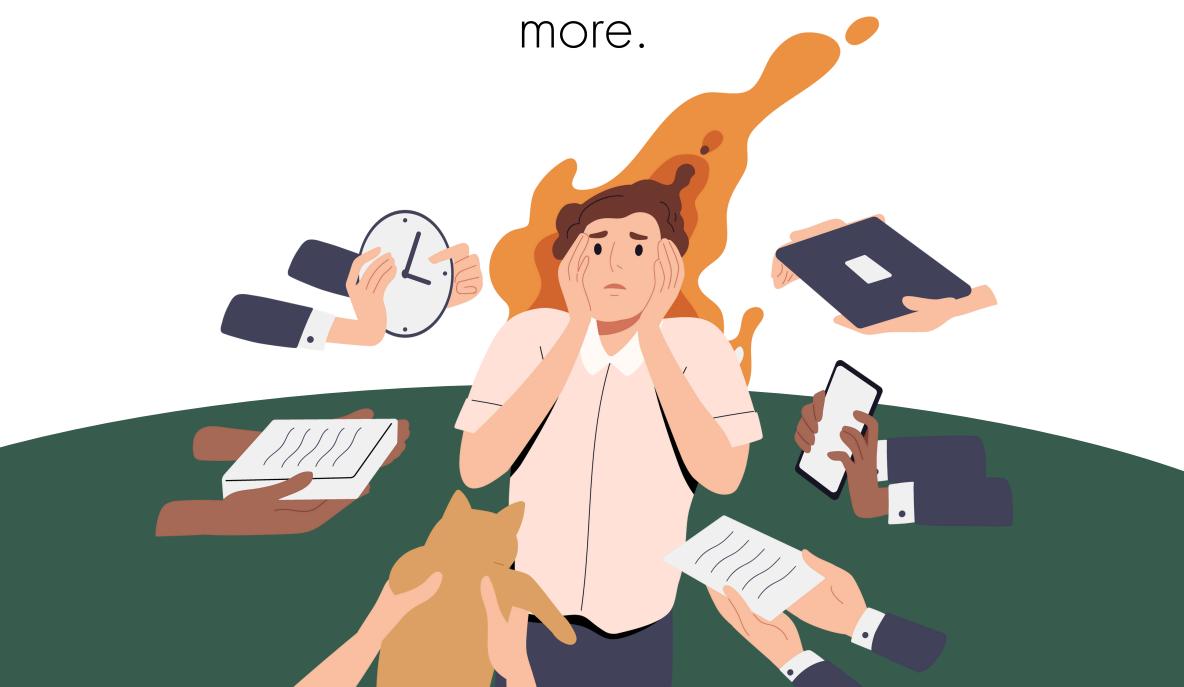
EAPs are meant to help, but they're failing the very people they were built for.





### Only 5% of employees use EAPs.

That leaves the other 95% struggling with burnout, anxiety, depression, and





### What's getting in the way?

- Social stigma
- Limited care sessions
- Delayed or difficult access to providers
- A generic "one-size-fits-all" approach to support







#### Meanwhile...

- Morale is slipping.
- Costs are rising.
- Culture is hurting.
- Talent is leaving.







#### So what actually works?







#### Real care.

At work, when they need it, with no hoops to jump through.







#### Empire State Psychiatry delivers:

- On-demand psychiatric care, at your office
- No insurance hassles
- Preventative & crisis care
- HR relief, not more burden



#### Mental health is workforce strategy.

Support shouldn't be hard to find. Let's raise the bar beyond the EAP.





## Modern mental health solutions, for total workforce wellness.



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